

# FOOD

Hello New Lebanon Town Residents!

In an effort to get the word out about how New Lebanon residents can access groceries in town without having to drive miles to get them, we attach some information on some of your choices. The seven businesses included in this brochure responded to the Business & Economic Development subcommittee on Outreach & Marketing's request for information that was sent to all of the following

**Abode Farm CSA**  
**Beverage & Smoke**  
**Blueberry Hill**  
**Charlie's Pantry**  
**Community Food Giveaway**  
**Family Dollar**  
**Hawk's Roost Farm**  
**Hilltown Pork**  
**Meals on Wheels**  
**New Lebanon Indoor Farmers Market**  
**New Lebanon Outdoor Farmers Market**  
**Powell Ranch**  
**Rolling Grocer**  
**Shadowbrook Farm Store**  
**Stewart's**  
**Woodlife Farm Market**



We encourage you to check out the food sources on the enclosed flyers as well as those on the above list. Choice is good. Please support our local food sources.

*Tistrya Houghtling, Supervisor*

Fruits  
Vegetables  
Baked Goods  
Eggs & Dairy  
Meat & Fish  
Prepared Foods  
Pantry Items

# NEW LEBANON FARMERS MARKET

Traditional, in-store grocery shopping  
And online ordering for pickup and delivery  
Wednesday thru Sunday 12–6pm

528 Route 20 in New Lebanon  
Parking in rear

[newlebanonfarmersmarket.com](http://newlebanonfarmersmarket.com)





Contacts: Georgette 518-794-0156 and Peter 518-794-0544

# Charlie's PANTRY HOURS

## SATURDAY

### 10:30AM - 1PM



**Serving all families of New Lebanon School District  
(and CURRENTLY ALL of the local area in need)**

# Community Food Giveaway

Sponsored by New Lebanon CSD & The Town of New Lebanon

This food giveaway is completely free and open to any and all families in our community and other surrounding communities who can use the food.

Food items will include produce, dairy products, frozen meats (chicken, ham, pork, lunch meats, frozen fruit, etc) and non-perishable products.

Free masks and hand sanitizer are also available.

This food was donated and the event is made possible through a partnership with the...



**Regional  
Food Bank**  
OF NORTHEASTERN NEW YORK

**The Food Bank is experiencing shortages** and unfortunately New Lebanon food distribution will be put on an every other month Schedule.

**When: TBD Please check [townofnewlebanon.com](http://townofnewlebanon.com) for MAY date.**

14755 State Route 22  
New Lebanon, NY 12125

Please pull in at Shatford Park entering by the baseball fields (follow signs) and continue to the town hall (do not pull directly in). If you have any questions please reach out to Tistrya Houghtling at [supervisor@townofnewlebanon.com](mailto:supervisor@townofnewlebanon.com).



Giveaways will continue with dates TBD - even in rain and/or snow the truck will come deliver food and we will hand out



# MEALS

## ON WHEELS PROGRAM

The Columbia County Office for the Aging wants to get the word out about our home-delivered meals.

Home-delivered meals are for those who are 60 years of age, or older, who are essentially homebound and unable to prepare their own main meal of the day. **It has nothing to do with Income.** The meals are designed to provide one-third of the USDA Recommended Daily Intake of nutrients.

These meals are approved by a Registered Dietician specializing in the nutritional needs of older adults. Modified menus are available for participants with doctor-certified restrictions with regards to concentrated sweets. Religious substitutions are also available.

Hot meals are delivered Monday through Friday between 11:00am and 12:30pm. The meal generally consists of a hot entrée, vegetable, fresh bread, fruit and milk. Persons receiving a hot meal may also receive frozen weekend meals if needed.

Everyone probably knows someone over the age of 60 who could benefit from home delivered meals. Let's reach out to that someone and make them aware of this program. **"It's time to care for those who cared for us."**

**For information on the Meals on-Wheels Program  
please call 828-4258.**



Visit us at the Shadowbrook Farm Store for all kinds of speciality local products and groceries. We specialize in hand-picking products grown or produced within a 100 mile radius of New Lebanon, New York. In addition to stocking an abundance of grocery items, you can also shop for our pasture-raised meats; including beef, pork, and poultry. We are now offering bulk meat purchases as well!



Shadowbrook Eggs, Beef, & Pork  
 Spices  
 Juices & Cider  
 Dairy: Butter, Milks, Yogurt, Ice Cream  
 Nut Butters  
 Olive Oil & Aiolis  
 Condiments & Salad Dressings  
 Breads and Biscotti  
 Teas, Coffee Beans & Hot Coco  
 Speciality Chocolates  
 Hand-made Soaps & Candles



Local Cheeses  
 Jams  
 Crackers & Chips  
 Olives & Pickles  
 Charcuterie  
 Honey & Maple Syrup  
 Sauces and Salsa  
 Pastas  
 Baking Flour & Sugar





Shadowbrook and Other Locally Grown Seasonal Vegetables

- Bulk Meat Ordering
- ➔ Whole, 1/2, or 1/4 Beef
  - ➔ Whole or 1/2 Pork
  - ➔ Shadowbrook Farm CSA Membership

\*More details on our website!

*And much, much more!*

 @Shadowbrook\_Farm

 2479 County Route 5  
 New Lebanon, NY 12125

  
[www.shadowbrookfarmllc.com/shop](http://www.shadowbrookfarmllc.com/shop)



# WOODLIFE FARM MARKET

## EAT, DRINK & LIVE WILD


Fine food and forest products from our family owned and operated farm, Woodlife Ranch, are now available at our farm stand, Woodlife Farm Market! Featuring seasonal fruits and vegetables along with canned goods and our organic maple syrup and raw honey, made and bottled in small batches on our farm.

36 OLD ROUTE 20 | NEW LEBANON, NY | 12125

@woodlifefarmmarket





Every Sunday  
10am till 2pm  
From June through October  
Rain or shine

NEW LEBANON  
**FARMERS**  
**MARKET**

Downtown New Lebanon  
by the Berkshire Bank

SNAP and other benefits  
accepted and doubled

Live music and good times for all